



## **Professional Experience:**

2012-Present

Owner, Clinic Supervisor, Acupuncturist, Nutrition Therapist, and Herbalist

Inner Ocean Center for Healing, Lafayette, CO

Five-Element Acupuncture, Herbal Medicine (Chinese and Western Herbs), Cupping, Gua sha, Moxibustion, Biopuncture/Injection Therapy, Holistic Pregnancy and Birth Services, Nutrition Coaching, Pediatric Shonishin/Acupressure, and Practitioner Mentoring

2013-Present

Founder, Executive Director, and Lead Rites of Passage Guide, Inner Ocean Empowerment Project 501(c)3 International nonprofit focused on developing trauma-informed, healing-centered service projects in deeply impoverished communities, providing disaster relief, holistic healthcare and education, and leading volunteers through life-changing service immersions.

2024-Present

Founder and Lead Instructor, Medicine People School™

An international wellness and educational initiative dedicated to sustaining and empowering those called to serve: Healers, Leaders, and Visionaries (HLV's). By nurturing HLV's, we ensure their work in the world can continue with resilience and longevity. Our mission is to cultivate an international ecosystem of embodied HLV's that reaches and uplifts the world's most vulnerable communities.

2020-2022

Associate Professor / Psychology Department

Naropa University, Boulder, CO

## **Education**

Initiations Rites of Passage Year-Long Training 2022

Daniel Foor & Ancestral Medicine

Shamanic Healing Internship 2016-2018

Mandra Village, Sindupalchok, Himalayas, Nepal

Group Leadership Training 2018

Thea Elijah, Denver, Colorado

Trauma Training Nine-Month Intensive 2017

Somatic Wilderness Therapy Institute

Indigenous Birth Internship 2015

Mae Tao Clinic, Mae Sot, Thailand

Master of Classical Five Element Acupuncture 2012

Institute of Taoist Education and Acupuncture, Louisville, CO.

Functional Medicine and Herbal Medicine Internship 2012-2014  
Dr. Janine Malcolm, Boulder, CO

Bachelor of Arts, Contemplative Eastern and Western Psychology 2005-2008  
Naropa University, Boulder, CO

### **Additional Certifications**

Certification in Initiations: Rites of Passage with Daniel Foor (2022)

Certification in Original Voice: Dark Night of the Soul Training with Dr. Clarissa Pinkola Estes (2018)

Certification in Bridging Soma and Soul Trauma Training (2017)  
Completion of 9-Month Mentorship in Trauma Training for Healthcare Providers

Certification in Traditional Chinese Medicine and Acupressure for Large and Small Animals  
Rocky Mountain School for Animal Acupressure and Massage, Elizabeth, CO. 2010. 2009-2010

Certification in Clean Needle Technique (CNT)  
Council of Colleges of Acupuncture and Oriental Medicine (CCAOM). 2010-Present

Certification in National Acupuncture Detoxification Association (NADA) 2010-Present

Certification in Biopuncture, Injection Therapy of Vitamins and Homeopathic Remedies  
Young Health Care, Longmont, CO. 2016-Present

Certified Wilderness First Responder  
Wilderness Medicine Institute 2008 to Present

Certification in Cardiopulmonary Resuscitation (CPR)  
Wilderness Medicine Institute 2008 to Present

Certificate of Completion in Western Herbal Medicine  
Private Study with Lisa Ganora  
Colorado School of Clinical Herbalism 2008

### **Licensure**

Licensed Acupuncturist (LAc) 2012 to Present (Colorado License # 0001893)

### **For more information, please visit:**

[mindikcounts.com](http://mindikcounts.com)  
[medicinepeople.org](http://medicinepeople.org)  
[inneroceancenterforhealing.com](http://inneroceancenterforhealing.com)

[inneroceanempowermentproject.org](http://inneroceanempowermentproject.org)